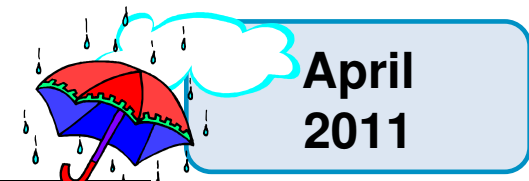




# Waunakee Elementary & Intermediate Lunch Menu



April 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>April</b> HARVEST OF THE MONTH</p> <p>Beets Passion Fruit Lentils</p>	<p>Free &amp; Reduced-meal forms can be obtained from all building offices at any time throughout the school year.</p>	<p>Fresh vegetables plus fresh and canned fruits are available daily with lunch from the Fruit &amp; Vegetable Bar.</p>	<p>April showers bring May flowers</p>	<p>1 APRIL FOOL'S DAY</p> <p><b>No School</b></p>
<p>4 Chicken Patty on Whole Grain Bun Seasoned Ranch Wedges 7 Layer Salad</p>	<p>5 Chicken Alfredo Pizza Broccoli Salad</p>	<p>6 Walking Taco's with Homemade Cheese Sauce Corn and Rice Bake</p>	<p>7 NEW Spring Pasta &amp; Turkey Salad Fresh Fruit Cup M&amp;M Cookie Dinner Roll</p>	<p>8 NEW Breakfast Bake Aloha Muffin Square</p>
<p>Alternative Entrées Buffalo Chicken Pasta Salad Salad Slider Sandwiches</p>	<p>Alternative Entrées Tuna Salad Chicken Caesar Pita</p>	<p>Alternative Entrées Crispy Chicken Salad Cold Cut Combo Sub</p>	<p>Taco Salad Turkey Ranch Wrap</p>	<p>Alternative Entrées Italian Sub Nutra Meal (Peanut Butter)</p>
<p>11 Sloppy Joe Potato Salad Rice Krispy Treat</p>	<p>12 NEW General Tso Chicken Lo Mein Noodles Fortune Cookies</p>	<p>13 NEW Ham &amp; Pepperoni Melt Italian Pasta Salad</p>	<p>14 Oven Fried Chicken Baby Red Roasted Potatoes Corn</p>	<p>15 NATIONAL HUMOR MONTH NEW French Bread Pizza with Marinara Sauce Popeye Salad</p>
<p>Alternative Entrées Turkey BLT Salad Honey Mustard Ham Wrap</p>	<p>Alternative Entrées Waldorf Salad w/Cheesestick Turkey Sub Sandwich</p>	<p>Alternative Entrées Chicken Caesar Roasted Vegetable Foccacia</p>	<p>Alternative Entrées Chicken Lunch Box Salad Ham &amp; Swiss on a Bagel</p>	<p>Alternative Entrées Chef Salad Nutra Meal(Cheesestix)</p>
<p>18 PATRIOT'S DAY Cheeseburger on Wheat Bun Lettuce &amp; Tomatoes Oven Fries</p>	<p>19 Chicken Alfredo over Pasta Vegetable Medley Garlic Bread Stick</p>	<p>20 Mini Corn Dogs Mac &amp; Cheese Sweet Peas</p>	<p>21 NEW Western Quesidilla Omelet Roasted Breakfast Potato Ole</p>	<p>22 GOOD FRIDAY, EARTH DAY <b>No School</b></p>
<p>Alternative Entrées Buffalo Chicken Salad Salad Slider Sandwiches</p>	<p>Alternative Entrées Tuna Salad Chicken Caesar Pita</p>	<p>Alternative Entrées Crispy Chicken Salad Cold Cut Combo Sub</p>	<p>Alternative Entrées Taco Salad Turkey Ranch Wrap</p>	
<p>25 Chicken Nuggets Mashed Potatoes &amp; Gravy Green Beans Whole Grain Bread</p>	<p>26 Lasagna Garden Salad Garlic Bread</p>	<p>27 NEW Chicken Fajita Spanish Rice Churro</p>	<p>28 NEW Frank in a Blanket Baked Beans Kettle Chips</p>	<p>29 NEW ARBOR DAY Turkey Flat Bread Sandwich Tabouleh Salad</p>
<p>Alternative Entrées Turkey BLT Salad Honey Mustard Ham Wrap</p>	<p>Alternative Entrées Waldorf Salad w/cheesestick Turkey Sub Sandwich</p>	<p>Alternative Entrées Chicken Caesar Roasted Vegetable Foccacia</p>	<p>Alternative Entrées Chicken Lunch Box Salad Ham &amp; Swiss on Bagel</p>	<p>Alternative Entrées Chef Salad Nutra Meal (Cheesestix)</p>

- Prepared From Scratch
- Contains Pork
- Vegetarian Entrée
- Harvest of the Month

**NEW**

**Breakfast Menu**

The **breakfast menu** will now be posted separately on its own menu template each month. Go to the [www.waunakee.k12.wi.us](http://www.waunakee.k12.wi.us) under Food Service under menu's and click on breakfast menu for breakfast options. **Breakfast now served in all building locations.**

**FOOD 4 THOUGHT**

**Avoid Drinks with Added Sugar**

One 12-oz soda has about 10 teaspoons of sugar in it, more than the daily recommended limit! Try sparkling water with lemon or a splash of fruit juice.

**BREAKFAST/LUNCH PRICES**

Elementary	\$1.25/2.25
Secondary	\$1.50/2.50
Reduced	\$0.30/\$0.40
Additional Milk	\$0.35
Adult	\$2.00/3.75

To Check Balance in your Acct. go to [www.waunakee.k12.wi.us](http://www.waunakee.k12.wi.us)  
Food Service Office 849-2185 or 849-2327  
Vicki Hoyer FSD Director  
Ami Shimanek ASST. FSD

Milk Choice of 1%, Skim and 1% Chocolate is included with Lunch

Menus are subject to change without notice.

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TDD). USDA is an equal opportunity provider and employer.