



# Waunakee Elementary Schools Lunch Menu



January  
2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Patty on Whole Grain Bun Potato Puffs Cucumber Ranch Salad	4 Italian Meat Stromboli Caesar Salad Chocolate Chip Cookie	5 Beefy Nachos with Homemade Cheese Sauce Corn and Rice Bake	6 Homemade French Toast Scrambled Eggs Warm Cinnamon Apples	7 Oven Roasted Turkey Mashed Potatoes & Gravy Corn Wheat Dinner Roll
<b>Alternative Entrées</b> Buffalo Chicken Pasta Salad Ham & Cheese Sandwich	<b>Alternative Entrées</b> Crispy Chicken Salad Buffalo Chicken Wrap	<b>Alternative Entrées</b> Tuna Salad Bowl Turkey Sub Sandwich	<b>Alternative Entrées</b> Oriental Chicken Lettuce Wrap Yogurt Pak	<b>Alternative Entrées</b> Taco Salad Turkey Ranch Wrap
10 Oven Roasted Beef Hot Dog Baked Beans Kettle Chips	11 Spaghetti with Meat Sauce Garden Salad Garlic Toast	12 Oven Roasted Chicken Barley Pilaf Green Beans Birthday Cake	13 Pulled Pork Sandwich Baked Potato Halves Braising Greens	14 Cheese Bread with Marinara Sauce Broccoli Salad
<b>Alternative Entrées</b> Turkey BLT Salad Chicken Salad on Wheat Bun	<b>Alternative Entrées</b> Broccoli Salad w/Cheese Stick Italian Sub	<b>Alternative Entrées</b> Garden Vegetable Salad Ham & Swiss on a Bagel	<b>Alternative Entrées</b> Southwestern Salad Roasted Vegetable Focaccia	<b>Alternative Entrées</b> Chef Salad Yogurt Pak
17 MARTIN LUTHER KING, JR. DAY  <b>No School</b>	18 Pizza Parlor Pizza Italian Tossed Salad	19 Tator Tot Casserole 7 Layer Salad Wheat Bread	20 Parmesan Crusted Fish Fillet Butter Noodles Sweet Peas Wheat Dinner Roll Fruit Crisp	21 Cheeseburger on a Wheat Bun Oven Fries
<b>Alternative Entrées</b>	<b>Alternative Entrées</b> Buffalo Chicken Pasta Salad Turkey Sub Sandwich	<b>Alternative Entrées</b> Crispy Chicken Salad Buffalo Chicken Wrap	<b>Alternative Entrées</b> Ham & Cheese Sandwich Yogurt Pak	<b>Alternative Entrées</b> Taco Salad Turkey Ranch Wrap
24  <b>No School</b>	25 Chicken Nuggets Mashed Potatoes & Gravy Glazed Carrots Whole Grain Bread	26 Italian Whole Grain Pasta Bake Marinated Vegetable Salad Garlic Bread  Blood Oranges Featured on Food Bar	27 Soft Shell Taco Refried Beans Corn Assorted Toppings Ice Cream Treat	28 Grilled Cheese Sandwich Tomato Soup Fruited Jell-O
<b>Alternative Entrées</b>	<b>Alternative Entrées</b> Broccoli Salad w/Cheese Stick Italian Sub	<b>Alternative Entrées</b> Garden Vegetable Salad Ham & Swiss on a Bagel	<b>Alternative Entrées</b> Chef Salad Yogurt Pak	<b>Alternative Entrées</b> Southwestern Salad Roasted Vegetable Focaccia
31 Corndog on a Stick Mac & Cheese Broccoli		<b>January</b> <b>HARVEST OF THE MONTH</b> Thyme Blood Orange Braising Greens	<b>Free &amp; Reduced-meal forms can be obtained from all building offices at any time throughout the school year.</b>	 Fresh vegetables plus fresh and canned fruits are available daily with lunch from the Fruit & Vegetable Bar.
<b>Alternative Entrées</b> Buffalo Chicken Pasta Salad Ham & Cheese Sandwich				

Menus are subject to change without notice.

Prepared From Scratch

Contains Pork

Vegetarian Entrée

Harvest of the Month

**NEW**

**Breakfast Menu**

- Monday Breakfast Pizza
- Tuesday Waffles
- Wednesday Egg Sausage Sandwich
- Thursday Cinnamon Roll
- Friday Banana Chocolate Bread

All meals served with Milk and Juice.  
Cereal offered daily.  
Breakfast currently offered at Heritage, Intermediate and Middle School.  
**Coming Soon...Breakfast start up at Prairie, Arboretum and High School.**



**Milk**

The average American drinks 25 gallons of milk per year. 88% of all milk is water and only about 12% is solid substance that has food value.

**BREAKFAST/LUNCH PRICES**

Elementary	\$1.25/\$2.25
Secondary	\$1.50/\$2.50
Reduced	\$0.30/\$0.40
Additional Milk	\$0.35
Adult	\$2.00/\$3.25

To check the balance in your account go to [www.waunakee.k12.wi.us](http://www.waunakee.k12.wi.us)  
Food Service Office 849-2185 or 849-2327  
Vicki Hoyer Director of Food Service

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Milk Choice of 1%, Skim and 1% Chocolate is included with Lunch