



# Waunakee Elementary & Intermediate Lunch Menu



**March 2011**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>March</b> <b>HARVEST OF THE MONTH</b> <b>Cilantro</b> 	<b>1 NATIONAL NUTRITION MONTH</b> Chicken Ala King Brown Rice Homestyle Biscuits	<b>2 DR. SUESS' BIRTHDAY</b> Green Eggs & Ham Breakfast Potato Casserole Orange Juice	<b>3</b> Chicken Nuggets Mashed Potatoes & Gravy Glazed Carrots Whole Grain Bread	<b>4</b> Soft Shell Taco Mexican Corn Assorted Toppings Tomatillo Salsa Verde Ice Cream Treat
	<b>Alternative Entrées</b> Tuna Salad Buffalo Chicken Wrap	<b>Alternative Entrées</b> Crispy Chicken Salad Italian Sub	<b>Alternative Entrées</b> Taco Salad Turkey Ranch Wrap	<b>Alternative Entrées</b> Oriental Chicken Lettuce Wrap Nutra Meal (Cheese Stick)
<b>7 NATIONAL BREAKFAST WEEK</b> Mini Corn Dogs Macaroni & Cheese Broccoli <p><b>All Schools serving Breakfast every day</b></p>	<b>8 MARDI GRAS</b> Chicken Tenders Mashed Potatoes & Gravy Vegetable Medley	<b>9 ASH WEDNESDAY</b> Grilled Cheese Sandwich Tomato Soup Fruited Jello	<b>10</b> Pork Roast Roasted Potatoes Applesauce Dinner Roll	<b>11</b> Pizza Parlor Pizza Italian Tossed Salad
<b>Alternative Entrées</b> Turkey BLT Salad Chicken Salad on Wheat Bun	<b>Alternative Entrées</b> Broccoli Salad with Cheese Stick Turkey Sub	<b>Alternative Entrées</b> Southwestern Salad Roasted Vegetable Focaccia	<b>Alternative Entrées</b> Garden Vegetable Salad Ham & Swiss on Bagel	<b>Alternative Entrées</b> Chef Salad Nutra meal (Peanut Butter)
<b>14</b> Chicken Patty on a Whole Grain Bun Sweet Potato Puffs Cucumber Ranch Salad	<b>15</b> Italian Meat Stromboli Caesar Salad Chocolate Chip Cookie	<b>16</b> Beefy Nacho's with Homemade Cheese Sauce Corn & Rice Bake	<b>17 ST. PATRICK'S DAY</b> Oven Roasted Turkey Mashed Potatoes & Gravy Mixed Vegetables Wheat Dinner Roll	<b>18</b> Homemade French Toast Cheese Omelet Warm Cinnamon Apples
<b>Alternative Entrées</b> Buffalo Chicken Pasta Salad Ham & Cheese Sandwich	<b>Alternative Entrées</b> Crispy Chicken Salad Buffalo Chicken Wrap	<b>Alternative Entrées</b> Tuna Salad Italian Sub	<b>Alternative Entrées</b> Taco Salad Turkey Ranch Wrap	<b>Alternative Entrées</b> Oriental Chicken Lettuce Wrap Nutra Meal (Cheese Stick)
<b>21</b> Oven Roasted Beef Hot Dog Baked Beans Kettle Chips	<b>22</b> Spaghetti with Meat Sauce Garden Salad Garlic Toast	<b>23</b> Hamburger with Cheese on Wheat Bun Lettuce & Tomato Oven Fries	<b>24</b> Cheese Bread with Marinara Sauce Broccoli Salad	<b>25</b> Parmesan Crusted Fish Filet Buttered Noodles Sweet Peas Wheat Dinner Roll Coconut Peach Crisp
<b>Alternative Entrées</b> Turkey BLT Salad Chicken Salad on Wheat Bun	<b>Alternative Entrées</b> Broccoli Salad with Cheese Stick Turkey Sub	<b>Alternative Entrées</b> Southwestern Salad Roasted Vegetable Focaccia	<b>Alternative Entrées</b> Garden Vegetable Salad Ham & Swiss on Bagel	<b>Alternative Entrées</b> Chef Salad Nutra Meal (Peanut Butter)
<b>28</b> <h1>Spring Break</h1>	<b>29</b> <h1>Spring Break</h1>	<b>30</b> <h1>Spring Break</h1>	<b>31</b> <h1>Spring Break</h1>	<p>Fresh vegetables plus fresh and canned fruits are available daily with lunch from the Fruit &amp; Vegetable Bar.</p>

Menus are subject to change without notice.

Prepared From Scratch

Contains Pork

Vegetarian Entrée

Harvest of the Month

**NEW**

**Breakfast Menu**

- Monday** Blueberry Muffin
- Tuesday** Baked Oatmeal Brkfst Round
- Wednesday** Egg & Cheese Muffin
- Thursday** Cinnamon Roll
- Friday** Banana Chocolate Bread

All meals served with Milk and Juice.  
Cereal offered daily.

**Breakfast at all buildings beginning on March 7th.**

**National Nutrition Month® March 2011**

Free & Reduced-meal forms can be obtained from all building offices at anytime throughout the school year.

**BREAKFAST/LUNCH PRICES**

Elementary	\$1.25/\$2.25
Secondary	\$1.50/\$2.50
Reduced	\$0.30/\$0.40
Additional Milk	\$0.35
Adult	\$2.00/3.25

To check the balance in your account go to [www.waunakee.k12.wi.us](http://www.waunakee.k12.wi.us)  
 Food Service Office 849-2185 or 849-2327  
 Vicki Hoyer Director of Food Service  
 Ami Shimanek Asst. FSD.

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**Milk Choice of 1%, Skim and 1% Chocolate is included with Lunch**