

Waunakee School District Middle School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered
Daily

September
2022

FOOD4LIFE® APP • All the MENUS and more! • DOWNLOAD NOW

MONDAY

TUESDAY

WEDNESDAY

THURSDAY 1

FRIDAY 2

EXTRA INFO

- Creation Station** Made to Order Premium Sub Sandwich Bar, with Chips
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Popcorn Chicken, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

- Creation Station** Made-to-Order Pasta Bar, Garlic Breadstick, Fresh Salad
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Chicken Tenders, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

Harvest of the Month



Water or Milk is included with Lunch.
For questions or comments contact the
Food Service Office. 608-849-2185

Menus are subject to change without
notice. This institution is an equal
opportunity provider.



Waunakee School District Middle School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered
Daily

September
2022



FOOD4LIFE® APP • All the MENUS and more! • DOWNLOAD NOW

5
MONDAY

No School Labor Day

8
THURSDAY

Creation Station Made to Order Premium Sub
Sandwich Bar, with Chips

Pizza Parlor Cheese, Sausage or Pepperoni
Pizza

Diner Station Deluxe Popcorn Chicken, Variety of
Grab n Go Options

Fresh Express Fresh salads, sandwiches and wraps
are available daily in our cooler

6
TUESDAY

Creation Station Made-to-Order Pasta Bar, Garlic
Breadstick, Fresh Salad

Pizza Parlor Cheese, Sausage or Pepperoni
Pizza

Diner Station Crispy Chicken Tenders, Variety of
Grab n Go Options

Fresh Express Fresh salads, sandwiches and wraps
are available daily in our cooler

9
FRIDAY

Creation Station Made to Order Pasta Bar, Garlic
Breadstick, Side Salad

Pizza Parlor Cheese, Sausage or Pepperoni
Pizza

Diner Station Chicken Tenders, Variety of Grab n
Go Options

Fresh Express Fresh salads, sandwiches and wraps
are available daily in our cooler

7
WEDNESDAY

Creation Station Asian Express

Pizza Parlor Cheese, Sausage or Pepperoni
Pizza

Diner Station Chicken Nuggets, Variety of Grab n
Go Options

Fresh Express Fresh salads, sandwiches and wraps
are available daily in our cooler

EXTRA INFO

Harvest of the Month



Water or Milk is included with Lunch.
For questions or comments contact the
Food Service Office. 608-849-2185

Menus are subject to change without
notice. This institution is an equal
opportunity provider.



Waunakee School District Middle School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered
Daily

September
2022

FOOD4LIFE® APP • All the MENUS and more! • DOWNLOAD NOW

12

MONDAY

- Creation Station** Ultimate Nacho Bar
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Deluxe Popcorn Chicken, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

15

THURSDAY

- Creation Station** Made-to-Order Premium Sub Sandwich Bar, Bag of Chips
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Deluxe Popcorn Chicken, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

13

TUESDAY

- Creation Station** Made-to-Order Pasta Bar, Garlic Breadstick, Fresh Salad
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Chicken Tenders, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

16

FRIDAY

- Creation Station** Made to Order Pasta Bar, Garlic Breadstick, Side Salad
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Chicken Tenders, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

14

WEDNESDAY

- Creation Station** Asian Express with Chicken & Choice of Sauce, Fried Rice, Vegetables
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Chicken Nuggets, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

EXTRA INFO

Harvest of the Month



Water or Milk is included with Lunch.
For questions or comments contact the
Food Service Office. 608-849-2185

Menus are subject to change without
notice. This institution is an equal
opportunity provider.





Waunakee School District Middle School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered
Daily

September
2022

FOOD4LIFE® APP • All the MENUS and more! • DOWNLOAD NOW

19

MONDAY

- Creation Station** Ultimate Nacho Bar
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Deluxe Popcorn Chicken, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

22

THURSDAY

- Creation Station** Made-to-Order Premium Sub Sandwich Bar, Kettle Chips
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Deluxe Popcorn Chicken, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

20

TUESDAY

- Creation Station** Made-to-Order Pasta Bar, Garlic Breadstick, Fresh Salad
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Chicken Tenders, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

23

FRIDAY

- Creation Station** Made-to-Order Pasta Bar, Garlic Breadstick, Fresh Salad
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Chicken Tenders, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

21

WEDNESDAY

- Creation Station** Asian Express with Chicken & Choice of Sauce, Vegetables
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Chicken Nuggets, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

EXTRA INFO

Harvest of the Month



Water or Milk is included with Lunch.
For questions or comments contact the
Food Service Office. 608-849-2185

Menus are subject to change without
notice. This institution is an equal
opportunity provider.



Waunakee School District Middle School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered
Daily

September
2022

FOOD4LIFE® APP • All the MENUS and more! • DOWNLOAD NOW

26 MONDAY	Creation Station	Made-to-Order Nacho Bar
	Pizza Parlor	Cheese, Sausage or Pepperoni Pizza
	Diner Station	Deluxe Popcorn Chicken, Variety of Grab n Go Options
	Fresh Express	Fresh salads, sandwiches and wraps are available daily in our cooler

29 THURSDAY	Creation Station	Made-to-Order Premium Sub Sandwich Bar, Kettle Chips
	Pizza Parlor	Cheese, Sausage or Pepperoni Pizza
	Diner Station	Deluxe Popcorn Chicken, Variety of Grab n Go Options
	Fresh Express	Fresh salads, sandwiches and wraps are available daily in our cooler

27 TUESDAY	Creation Station	Made-to-Order Pasta Bar, Garlic Breadstick, Garden Salad
	Pizza Parlor	Cheese, Sausage or Pepperoni Pizza
	Diner Station	Chicken Tenders, Variety of Grab n Go Options
	Fresh Express	Fresh salads, sandwiches and wraps are available daily in our cooler

30 FRIDAY	Creation Station	Made-to-Order Pasta Bar, Garlic Breadstick, Fresh Salad
	Pizza Parlor	Cheese, Sausage or Pepperoni Pizza
	Diner Station	Chicken Tenders, Variety of Grab n Go Options
	Fresh Express	Fresh salads, sandwiches and wraps are available daily in our cooler

28 WEDNESDAY	Creation Station	Asian Express with Chicken & Choice of Sauce, Fried Rice, Vegetables
	Pizza Parlor	Cheese, Sausage or Pepperoni Pizza
	Diner Station	Chicken Nuggets, Variety of Grab n Go Options
	Fresh Express	Fresh salads, sandwiches and wraps are available daily in our cooler

EXTRA INFO

Harvest of the Month



Water or Milk is included with Lunch.
For questions or comments contact the
Food Service Office. 608-849-2185

Menus are subject to change without
notice. This institution is an equal
opportunity provider.

